



Wolford Wood

www.wolfordwood.com

Woodland Products

Glamping, Parties, Games, Events

Bio-diversity and Wellbeing - Outdoor Learning and Healing at Wolford Wood

Date: Tuesday 27th November 2018

Time: 09:30am - 1pm

Location: Wolford Wood, Warwickshire, GL56 0PE

Dress: Wellies

- The potential for Ancient Woodland to promote Wellbeing and Productivity
- A fascinating talk based on Japanese research into the health benefits of walking in the forest, followed by a Shinrin Yoku forest walk in Wolford Wood
- Making Wolford Wood a hub for corporate team building, outdoor learning and a reason to visit Warwickshire
- The role of bio-diversity offsetting and the future of our Ecology

See the CWBF2018 website for full details

www.cwbusinessfestival.com



the
Challenger
trust

